

# WELCOME TO PILATES 1901

*Please watch our step by step video tutorial or follow these instructions to begin taking your classes!*

1. Click on **RESERVE A CLASS** link the top of this page.
2. Click Create a **New Account** in the upper right hand corner of the page.
3. Enter all the information requested. Fields with an \* are required. When prompted for referral chose "Groupon" from the drop down menu. Make sure you also create a user name and password as this is how you will reserve your classes online.
4. After you enter your information you will see options on the top of the page for Classes, My Info and online store. Click on the Online Store option. If a pop up window asking for payment information pops up, simply click ignore.

## INSTRUCTIONS FOR Groupon MAT/CARDIO PASS

5. If you are choosing our 10 class Mat/Cardio option, select MAT CLASSES from the drop down menu and scroll down to the second option on the list, clicking on Groupon MAT CARDIO PASS.
6. This will bring you to a shopping cart. Do not worry about the \$199 price. Simply type GrouponMat into the promotional code box and click apply. Confirm that the purchase amount is \$0 to proceed.
7. Once you have "purchased" our 10 session Groupon Mat/Cardio pass, you will be able to schedule your classes. Click the Classes button from the navigation menu at top and select the first mat/cardio class you want to take. This will activate your Groupon so you will not be able to go back and schedule classes prior to this date. Go ahead and schedule the remaining 9 classes so that you are all set up and reserved to take advantage of this offer. If it's not on your calendar, it's not real, so reserve now! Please note that our ON RAMP and CARDIO TRAMP are equipment based classes and not a part of this Groupon Mat/Cardio Pass.
8. Make sure you arrive 15 minutes prior to your first visit. You will need to present your Groupon proof of purchase along with a completed and signed waiver to participant.



## INSTRUCTIONS FOR Groupon ON RAMP PASS

5. If you are choosing our 8 class On Ramp Intro to Equipment training option, select PILATES ON RAMP option from the drop down menu and click on it to add to your shopping cart.
6. Ignore the \$129 price. Simply type **GrouponOnRamp** into the promotional code box and click apply. Confirm that the purchase amount is \$0 to proceed.
7. Once you have “purchased” our 8 session Groupon On Ramp pass, you will be able to schedule your Reformer and Chair On Ramp classes.
8. Click the Classes button from the navigation menu at top and select the first mat/cardio class you want to take. This will activate your Groupon so you will not be able to go back and schedule classes prior to this date. Go ahead and schedule the remaining 7 classes so that you are all set up and reserved to take advantage of this offer. If it’s not on your calendar, it’s not real, so reserve now! Please note that our ON RAMP and CARDIO TRAMP are equipment based classes and not a part of this Groupon Mat/Cardio Pass.
8. Make sure you arrive 15 minutes prior to your first visit. You will need to present your Groupon proof of purchase along with a completed and signed waiver to participant.

## AND NOW, WE’D LIKE TO ADDRESS SOME FAQ’S



### 1. Who can participate as a Groupon client?

Anyone who is a FIRST TIME client to Pilates 1901 purchase a Groupon pass to Pilates 1901. While we are currently offering two separate offers, you only get to use one of the options, not both. This offer is NOT available to current members, or former clients returning in less than 12 months.

### 2. What classes are included in my Groupon pass?

The Mat/Cardio option includes any 10 Mat Essential, Mat Challenge, Zumba, Arms & Abs, Cardio Sculpt, Pilates Flow and Ball classes. This pass does not include any equipment based classes including our ON Ramp or Cardio Tramp classes.

The On Ramp offer includes any 8 intro to reformer or chair classes. This will prepare you for more advanced equipment training classes including Cardio Tramp, Reformer Essentials, Tower and Pilates Circuit. A minimum of 8 Reformer ON Ramp classes is the minimum requirement for any of these more advanced workouts, and none of these are a part of this Groupon On Ramp offer.

### 3. When does my Groupon start?

Your Groupon pass begins the first day you participate in a workout with us and expires 45 days from that date. You may pre-reserve all of your classes to guarantee your spot but you must cancel 6 hours prior to the workout or you will lose your class. We do not refund late cancellations.



### 4. What happens after I use my Groupon sessions?

While we can't guarantee that you will have a complete body transformation after only 8-10 classes we are very certain that you will feel the difference in your body from our Pilates mat and cardio classes.

Therefore we will give you a FREE MONTH of mat classes when you sign up for any mat/cardio membership. You can save up to \$199 by taking advantage of this offer!

**Ask your trainer or desk team member for help! We'd love to have you join us at Pilates 1901 or email me at [tina@pilates1901.com](mailto:tina@pilates1901.com) today!**